Has Covid-19 affected how you access mental health services?

Covid-19 has meant big changes for how people access NHS mental health services. Many appointments that would have previously taken place face-to-face have had to be moved to phone or video calls.

Your local health and care services are working with service users to understand the impact of remote mental health appointments. What we learn will help to shape the future of how mental health is delivered.
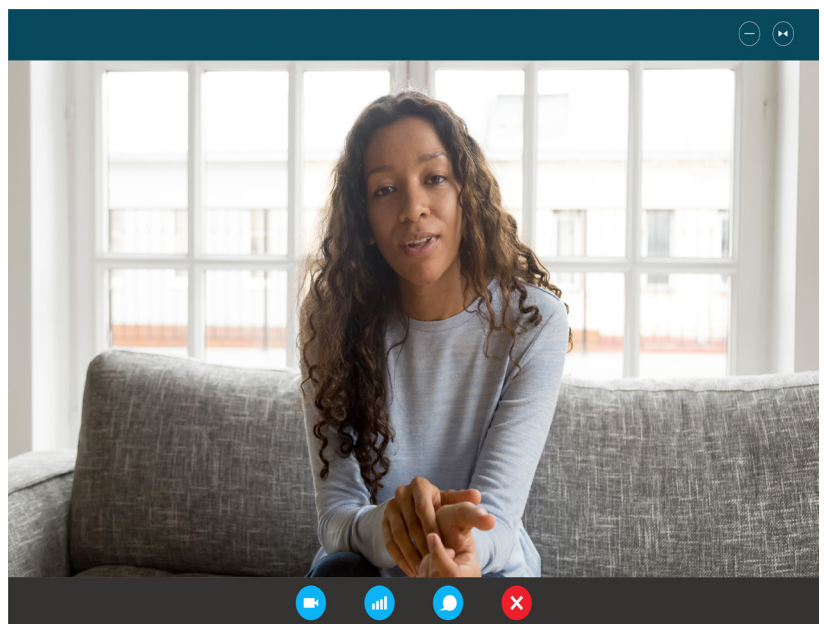
We want to make sure you are aware of our plans and give you the chance to contribute to the project.

Your input will help to inform better health and care services.

Learn more about the project and how you can get involved at **https://bit.ly/36WFV7t** Alternatively, you can email us at

hin.southlondon@nhs.net or write to us at:

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